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Exchange rate decrease brings rise in COLA

Korea Region Office Public Affairs

YONGSAN — If Thursday's mid-month paycheck seemed a bit fatter than usual, the reason can likely be traced to a recent increase in COLA.

Due to the recent decrease in the exchange rate, Korea received a 4- to 6-point increase in the Cost of Living Allowance rate, effective Sept. 1. Seoul, Busan and Gimhae areas receive a 6-point increase and the rest of Korea receives a 4-point increase as a result of the dollar/won exchange rate fluctuations.

Sonni Howard, staff accountant with 175th Finance Command, said changes based on exchange rates are not made at the local level, but come from the Per Diem, Travel and Transportation Committee in Washington, D.C.

"Exchange rates are monitored daily by the Per Diem Committee using a tracking model and algorithm. The tracking model can recommend currency adjustments that can generate an increase, decrease, or a 'no change' to the current COLA index," Howard said.

If there is an increase or decrease, she said both the exchange rate and COLA index are immediately adjusted effective with the next available pay period. Exchange rates are reviewed every two weeks and can be adjusted semi-monthly if necessary.

To illustrate the increase, Howard said an E-6 living in Seoul, with two dependents and 10 years of service, would see an increase of about \$144 per month.



SPC. STEPHANIE PEARSON

Collision Course

A Camp Humphreys player runs the ball down the field at Camp Casey's Schoonover Bowl Saturday while a Camp Casey player (in white) prepares to make the tackle. Teams from across the peninsula gathered at Casey for the 8th U.S. Army Rugby Championship but it was the two Area I teams that met in the finals, with the Humphreys Bulldogs defeating the Casey Shockers 25-15 in the championship match. For related story, see Page 7.



Spc. Van M. Tra

Making sure to cover all angles, a building clearing element of Republic of Korea Soldiers prepares to assault a structure during a joint military police demonstration Sept. 7.

MPs show off skills at joint training demo

By Spc. Van M. Tran 8th Military Police Brigade

SEOUL — Silhouetted against the setting sun, six armed, black-clad Soldiers swiftly and quietly approach a building.

A battering ram crashes down a door, concussion grenades explode inside and the team emerges minutes later with a safe hostage and two criminals in custody.

Exhibiting skills necessary to carry out their missions, the 94th Military Police Battalion's Special Reaction Team carried out joint demonstrations with the a Republic of Korea Army Special Guard Team Sept. 7 at the Ministry of National Defense

Viewing the demonstration, the 94th MP Bn. Commander, Lt. Col. Jeffery Davies, and ROKA Brig. Gen. Park Sung-kyo, commanding general of the Ministry of National Defense's support activities, watched as the Soldiers exhibited their skills.

"It's very important that both

See **Police**, Page 13

MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

■ Military Police were notified of forgery, larceny of private funds and larceny of private property. Preliminary investigation revealed a Soldier lost his debit card after using it at an on-post ATM. Subsequently, unknown person(s) stole his debit card and used it at an off-post store. The subject(s) forged the Soldier's signature to complete a credit transaction of \$137.26 in U.S. currency. United States Criminal Investigation Command obtained surveillance photographs from the ATM.

The photographs depicted a female, later identified as a military dependent, remove the debit card from the machine. She was interviewed and admitted to finding the card in the machine. She stated she gave the card to her husband and never used it. Her husband was interviewed and related his wife gave him a debit card which she found. He said he threw the card in a trash receptacle outside his off-post quarters and never used it. The Korean National Police were briefed and agreed to conduct a joint investigation. The KNP agreed to act as the lead investigative agency and conduct subsequent interviews, as well as identify the store and interview the owner. Investigation continues.

- The Military Police were telephonically notified by KNP of the above offense. Investigation revealed that a Soldier attempted to climb over a private wall near an offpost club. The owner of the property thought the Soldier was a thief and swung a steel pipe at him causing the Soldier to flee. KNP arrived and found the Soldier attempting to hide. He was detained and escorted to the KNP station. The Soldier related that he did not mean to trespass and thought that the owner was holding a large knife. The owner declined to press charges for trespassing. Military Police transported the Soldier to the MP station, where he refused to give any information or submit to a standardized field sobriety test. He was further processed and released to his unit.
- Korean National Police telephonically notified the MP station of a DUI. Military Police revealed through investigation a Soldier was stopped at a KNP checkpoint. The KNP detected the odor of an alcoholic beverage emitting from the vehicle and administered the Soldier a portable breath test with a reported result of 0.094 percent BAC. The Soldier was transported to the KNP main police station where he was charged by the KNP under Korean road traffic laws. The Soldier was released to military police custody. He was then transported to a local hospital where he consented to a legal blood alcohol test.

The Soldier was transported to the MP station where his USFK license was confiscated. He was further processed and released on his own recognizance. Due to the suspected level of intoxication, he was not advised of his legal rights. He later reported to the MP station where he was advised of his legal rights, which he invoked.

Chusok is opportunity to focus on family



This coming weekend Koreans will celebrate Chuseok Harvest Moon Festival. It is a wonderful Korean holiday marked by traditional clothes and traditional food. It is known as the Korean Thanksgiving and is held on the fifteenth day of the

eighth lunar month. This year Chuseok is on Sunday, but the celebration starts the night before and ends the day after the holiday, making it a threeday event.

Although Chuseok is usually described as a kind of thanksgiving for a good harvest, it is really an ancient holiday dedicated to the ancestors. Because of this, Koreans make extraordinary efforts to spend the holidays with their extended families. Most people will travel home to pay their respects to their parents and ancestors, and to tend family gravesites. Beginning this week, traffic on Korean roads will become increasingly congested as families gather from all over the country to celebrate this great holiday. Travel that normally takes 2 - 3 hours by car can take up to 15 - 18 hours. Over this weekend. I ask our servicemembers, civilians, contractors and their families to refrain from all nonessential travel. This is to avoid contributing to the

congestion and the frustration that accompany long road trips.

If you have an opportunity to participate in Chuseok festivities, I encourage you to do so. The rituals, customs and traditions are a beautiful testament to an ancient culture, and more significantly, the importance of family. During this holiday time, spend time with your family, including your larger military family. Celebrate Chuseok together, renewing ties to one another and reminding yourselves of the values of respect, camaraderie and solidarity.

I urge everyone to refrain from unnecessary travel, to be safe and to have a great time during Chuseok. In the tradition of our Korean hosts, let's celebrate our family ties and spend time with one another.

> Gen. Leon J. LaPorte Commander, UNC/CFC/USFK

Guest commentaries

Anyone wishing to submit a guest commentary to The Morning Calm Weekly may do so by e-mail to morningcalmweekly@korea.army.mil.

Submissions may be mailed to our offices at: The Morning Calm Weekly

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Hurricane Katrina Stops Mail Delivery

Effective immediately, the U.S. Postal Service is not accepting any Standard Mail or Periodicals Mail -- from any source -- addressed for delivery whithin the following three-digit ZIP Code ranges: 369, 393, 394, 395, 396, 700, 701 and 704. This emergency action has been taken as a result of severe facility damage, evacuations and other issues resulting from Hurrican Katrina. For information, online at usps.com/ communications/news/ serviceupdates.htm.

AAFES Waives Payments, Interest

The Army & Air Force Exchange Service is waiving interest and suspending monthly payment requirements to Exchange Credit Program cardholders displaced by Hurricane Katrina.

"According to our records, there are approximately 15,000 accounts impacted in undeliverable zip codes," said AAFES' Treasurer Grant Morris. "No interest will be charged; and no payments will be due for an undetermined period of time. The interest rate and payment exclusion, will also apply to new purchases for an extended time period."

AAFES determined eligibility by matching accounts to the U.S. Postal Service's listing of impacted zip codes. Affected areas in Alabama, Louisiana and Mississippi include: ZIP CODE RANGES City / State 365XX-366XX Mobile, AL 369XX-393XX Meridan, MS 394XX Hattiesburg, MS 395XX Gulfport, MS 396XX McComb, MS 700XX-701XX New Orleans, LA 703XX Houma, LA 704XX Mandeville, LA

AFCEA Technical Luncheon

The Armed Forces Communications and Electronics Association will hold a Technical Luncheon Sept. 27 at the Yongsan Garrison Main Post Club. The luncheon will be from 11:30 a.m. to 1 p.m., and will will feature Col. Michael R. McPherson as a guest speaker. For information, call 725-5413.

Financial Peace University at CRC

Financial Peace University, a spiritually based, 13-week course designed to help participants change their financial future, will be offered Thursdays at Camp Red Cloud, Building T817. The classes will begin at 7 p.m. each week.

Based on a program started by Dave Ramsey, FPU teaches participants to make sound money decision to achieve their personal financial goals. Cost of the class will be based on students' needs. Any military ID cardholder is eligible to participate.

Breaking Barriers

Joint tours increase cultural understanding

By Chief Warrant Officer Teddy C. Datuin

1st Signal Brigade

YONGSAN - When a group of Americans and Koreans met for the first time Saturday, on a joint tour to the Namsangol Hanok Village in Chungmuro, Seoul, there was a sense of excitement and anticipation on both sides.

The 10 Korean university students from different universities in Seoul and one Korean environmental engineer had a "wait and see what happens" posture regarding the group of six military and four civilian Americans from Area II. And when the ice was broken during a brief introduction and hand shaking, the joint group departed like one big family for the subway station on their way to the village, which depicts a traditional Korean village in the past.

"Before, I was scared meeting U.S. Soldiers and Americans," said Angela Ko, a second-year English and literature student at Kookmin University. "Now I'm not scared anymore. Everyone in this group [is] very friendly and makes you comfortable."

"This is my first time to meet Americans and my first impression is that they are kind, interesting and show interest in our culture," added Christine Oh, a third-year Ehwa University student majoring in economics.

For Specialists Michael Easter and Ryan Fraser from the 14th Signal Detachment, this is their third joint



Spc. Michael Easter enjoying a lunch of Korean food during a recent joint American-Korean Saturday tour. Allthy Chong (far right), a second-year English and literature student at Kookmin University seemed surprise at how good Easter used his chopsticks.

American-Korean Saturday tour since they arrived here in July. This is their first time, however, to meet eight of the Korean students.

"This joint tour is a good way to find out the Korean history and culture. Just as much as we learn from them, the Koreans learn much from us too," said Easter. Fraser added that the joint tour is great and the Koreans are nice and helpful. "This joint tour must continue and expand and we will encourage young Soldiers to join," he said.

The joint American-Korean Saturday tours are a program that Michael Lee, an Area II Army Community Services Korean language instructor, started in 2002 to enhance American knowledge of not only the Korean language but also Korean history and culture. Korean university students and Korean adults from different walks of life started to actively participate in 2004. Most of the American participants are newcomers in Area II, although there are some regular old-timer participants. Participants from both sides come and go, so there are always new participants meeting for the first time. This tour is free to all valid Department of Defense

See **Tour**, Page 4

Mentorship program helps maintain workforce continuity

By Michael Norris

Fort Myer Public Affairs

FORT MYER, Va. — The U.S. Army Installation Management Agency is a major player in facilitating transformation in the Army, making the service leaner, more efficient and modern in delivering installation support services. So it makes sense the agency is preparing for the inevitable human transformation of upper management turnover through its own mentorship program.

Known as the Headquarters Installation Management

Agency Centralized Mentoring Program, the initiative kicked off in July with a program solicitation memorandum. IMA Director Maj. Gen. Ronald Johnson circulated a memorandum soliciting volunteers and outlining the program's reach. The goal, he stated, was to "help develop well-rounded managers at the

mid- or senior-level by helping high-potential employees assume higher levels of responsibility."

The program is to be centrally funded by IMA headquarters and will match senior IMA leaders with eligible mentees, at the GS-11 and above, for one year.

Randy Robinson, director of the Northwest Region Office of the Installation Management Agency and the program's champion, said 101 people applied for the pilot program — 70 potential mentees and 31 mentors — and that applications were being reviewed to select the best candidates for about 10 available mentor-mentee matches.

The program will be customized to the employee's career goals and needs, said Robinson. He said the program had flexibility built into it and that there would be "quarterly

reviews between mentor and mentee" during the course of

A fact sheet accompanying Johnson's July memorandum states that "Headquarters IMA will match employees with mentors, based on mentee's goals and desires, to a mentor with appropriate skills and competencies." It goes on to say that those not selected for the Centralized Mentoring Program this go round will be provided information on other mentorship opportunities within the organization.

Robinson said the program would include a period where

mentees would shadow mentors in "We're ready to help groom people to their jobs. He said mentors would also sit down with mentees to help director, IMA Northwest Region Office determine

reach their highest level of potential ..." Randy Robinson

> mentee's goals, helping them determine what courses they need to take and what jobs they need to attain to achieve their career objective.

> The program is scheduled to kick off with an orientation for mentees at IMA headquarters in Washington in October.

> "At the end of the year we'll have an assessment and determine the lessons learned," said Robinson.

> He said one goal of the program is to maintain executive leadership in the agency as the current generation of leaders gets ready to retire.

> "We're ready to help groom people to reach their highest level of potential and better posture them for positions of increased responsibility," he said.

> (Editor's Note: Michael Norris is assistant editor at Fort Myer's installation newspaper The Pentragram.)

Hometown News taping holiday messages in Korea Oct. 5-18

Special to The Morning Calm Weekly

A team from the Army & Air Force Hometown News Service will be in Korea Oct. 5-18 helping servicemembers send holiday greetings back home.

The crew will be filming holiday messages from military members stationed in the Republic of Korea, to be aired in the United States. The messages are typically sent to local and regional television stations and aired around the Thanksgiving and Christmas holidays.

Servicemembers must be in uniform when they appear in a holiday message. To accommodate off-duty personnel, individuals may come in civilian clothes and bring a brown T-shirt and BDU top to be worn during the taping.

A list of taping dates, locations and points of contact include:

Oct. 5 -- Kunsan AB. POC is Capt. Richard Komorha at 782-4184.

Oct. 6 -- Gwanghu AB, Maj. Nicholas Berhardt, 782-5525;

Oct. 7 -- Camp Hialeah, Kevin Jackson, 768-7604;

Oct. 8 -- Camp Walker, Kevin Jackson, 768-7604;

Oct. 10 -- Camp Eagle, Furman Neeley, 753-8847;

Oct. 11 -- Camp Casey, Margaret Banish-Donaldson, 732-2254;

Oct. 12 -- Camp Stanley/CRC, Margaret Banish-Donaldson, 732-2254;

Oct. 13 and 15 -- Osan AB, Capt. David Smith, 784-1416;

Oct. 14 -- Camp Humphreys, Furman Neeley, 753-8847;

Oct. 17-18 -- Yongsan Garrison, Steve Davis, 738-7354.

For specific times at each location, call the area POC.

Tour ______ from Page 3

ID cardholders. The only expense is for bus or subway ticket and for lunch.

Starting last month, Lee has the university students spearheading the joint tour. Skylar Choi, a third-year electronics engineering student from Kookmin University, is the tour leader, photographer and also the webmaster for the Saturday tour's Web site. He is assisted by Nate Kim, a second-year Soungsil University student majoring in chemistry, Nick Choi, a third-year Kookmin University student majoring in Russian studies, and Kim Kyu Dong, a third-year electrical engineering student from Hanyang University.

"This is a great day for a wonderful tour and good friendship," said John Bapps, a Department of the Army Civilian with the U.S. Army Corps of Engineers, Far East District. "At first the new students were a little nervous, but it didn't take long to wind up. Every one of them felt comfortable talking, smiling and just having fun."

Seven of the Korean students said they learned about the joint American-Korean Saturday tours from friends and were excited to join. Most claimed that prior to this, they had bad impressions of Americans — especially the U.S. Soldiers. "I thought U.S. Soldiers are not interested in Korean culture, but I was wrong," said Leah Hong, another second-year Kookmin University student majoring in English and literature.

Bryan Teague, a DAC and working with 1st Signal Brigade, said the joint American-Korean Saturday tours enhance American-Korean relationships. "To cross the boundaries between the two people is to go out, meet the people and see the sites," he said. He has been the tour's chief photographer since he joined the group when he arrived here in May.

For information on the joint American-Korean Saturday tours, logon to: www.sattour.wo.to/ or email datuint@korea.army.mil.



BRYAN TEAG

Jessica Chong (middle, front row with raised hands), a second-year Kookmin University student and three other Korean university students talk with Spc. Ryan Fraser (right foreground) and Spc. Michael Easter, both from 14th Signal Detachment.

AD

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Sept. 16, 2005

Korean Service Corps employees hone skills

By David McNally

Area I Public Affairs

CAMP RED CLOUD — Korean Service Corps workers challenged their combat support skills in two days of common task testing Sept. 8-9 at the Village Green.

Large tents lined the Camp Red Cloud parade field as 158 Uijeongbuenclave employees, members of the 15th KSC Company, stood in battle dress uniform with Kevlar helmets and load-bearing equipment.

"This is common task testing," said Kwon Chong-kyu, 15th KSC Co. assistant company commander. "For us, this is wartime survival. It is the same test regular Soldiers take."

Under the tents, instructors explained map reading skills, combat life saving techniques, unit nuclear, biological, and chemical defense, as well as hands-on familiarization with the M-16A2 rifle.

The workers spent hours in training sessions, while instructors reviewed

"Normally, we wear civilian clothes," Kwon said. "Our mission in wartime is combat service support for U.S. Forces Korea."

In peacetime, these men and women look like any other Korean employee. But, the KSC is a paramilitary organization. They number about 3,000 employees across the peninsula, but in times of war their ranks would swell to 10 times that number.

During testing, the "Soldiers" don protective masks, dress wounds and familiarize themselves with tasks like map reading and weapons operations.

"KSC employees do not carry weapons," Kwon said. "This is just for familiarization."

Cho Sung-ho has been a Camp Stanley KSC employee since 1981. A



Choe Sung-ki, 15th Korean Service Corps Company, displays his first aid knowledge during common task testing Sept. 8 at the Camp Red Cloud Villiage Green. Common task testing is an annual requirement for KSC employees.

former Republic of Korea Army artilleryman, Cho was a natural CTT instructor.

"Repetition is the key," Cho said. "Everyone will understand the tasks before taking the test."

Cho said common task testing is one of the easier skills KSC employees have to deal with.

"We work with preparing equipment for rail movement, sling-loading helicopters, even mortuary affairs," he explained.

Since the Korean War, KSC employees have stood side-by-side with U.S. troops.

"It is not difficult for us to make

the switch to put on the military uniform," Kwon said. "We are almost the same as real Soldiers."

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Kang Yun-mo inspects his protective mask during testing.



Korean Service Corps employees enjoy good weather during two days of evaluation.



An Song-hun inspects an M-16A2 rifle as part of the weapons familiarization portion of CTT.



Korean Service Corps employees are not issued weapons, but must be familiar with Army rifles.

NEWS & NOTES

Catholic Mass

Beginning this week, the Camp Red Cloud Warrior Chapel will hold Catholic mass at 4 p.m. every Saturday for those unable to attend Sundays.

Chuseok Bank Closure

All Community Bank centers will be closed Saturday in observance of the Korean Chuseok Holiday.

Commissary Closure

The Camp Red Cloud Commissary will be closed Sunday and Monday in observance of the Korean Chuseok Holiday.

Religious Retreat

The Area I chaplaincy is hosting a religious retreat Wednesday thru Sept. 23. Buses will provide transportation from camps Casey and Red Cloud. For information, contact your local chaplain.

Golf Sale

The Camp Casey Golf Course will have an inventory reduction sale Sept. 24-25. For information, call 730-4884.

Holiday Seminars

The education centers at camps Red Cloud and Stanley are offering Good Cheer and Eager Student seminars over the Columbus Day holiday weekend, Oct. 8-11. For schedules and information, contact your education center.

Tuesday Night Football

Camp Red Cloud's Mitchell's Club is now hosting Tuesday Night Football. Wide screen televisions in both rooms will broadcast the latest games, and drinks and popcorn will be offered in the banquet room. Prizes will be given away at halftime.

Stars of Tomorrow

The Area I Entertainment Office will host the Stars of Tomorrow talent show 7 p.m. Oct. 8 at Camp Casey's Gateway Club. Those interested in participating can sign up at your local Community Activities Center.

Osan Flight Stoppage

Effective Oct. 1, no more flights will leave from Osan Air Base. All flights will depart from Incheon International Airport on Yongjong Island. The Incheon shuttle bus will depart Camp Casey at 6.a.m. and 3 p.m. daily; only the 3 p.m. bus will make a stop at Camp Red Cloud and depart again at 4 p.m.

Casey Lodge Rate Change

Camp Casey's Lodge has changed its rates. Single rooms are now \$39 - \$49 per night, and suites run from \$52 - \$63 per night. Prices vary with rank. For information, contact the Casey Lodge at 730-4247.

Soldiers get it right at jazz and poetry night

By Spc. Stephanie Pearson Area I Public Affairs

CAMP RED CLOUD — Warrior poets came together Sept. 9 to express themselves in front of their peers at the Better Opportunity for Single and unaccompanied Soldiers Jazz and Poetry Night.

Friends, poets and musicians descended on Mitchell's



Pfc. Shalane Tanks, Headquarters and Headquarters Company, Area I, reads one of her poems Sept. 9 at the Jazz and Poetry Night event.

Club for a night of poetry reading, singing and jazz tunes.

It was the third jazz and poetry night BOSS representatives have hosted in Area I.

"We wanted to bring something new to the Soldiers around here," said Pfc. Shalane Tanks, Headquarters and Headquarters Company, Area I BOSS representative, "and a lot of people requested a poetry reading."

At the event, local Soldiers took the stage to recite poetry they had written or to sing for the audience. The last half hour of the show was "open microphone," where audience members were invited onstage to recite their poems.

Tanks said she is not surprised a lot of Soldiers write

"Some people sing, some people keep journals and some people write poetry. It's a creative way of expressing your feelings," she explained.

The musical portion of the evening was provided by a jazz trio from the 2nd Infantry Division Band.

"Anyone who knows how to play a jazz instrument is welcome, though," Tanks said.

Tanks was one of the featured poets at the event. It was her first time performing her poetry onstage.

"I loved it," she said. "Other people got to hear how I feel, and it's like baring your soul. It's a great outlet."

The Area I BOSS program is trying to make the jazz and poetry night a weekly event. Tanks said she believes it will happen, since the three events they have already hosted were such a hit.

"It's really important to encourage and support each other," she said. "The jazz and poetry night brings people together like any other event, but it's special because people are sharing emotions. That's not something you can do in everyday Army life."

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Warriors battle for tae kwon do titles

By Spc. Chris Stephens

2nd Infantry Division Public Affairs

CAMP CASEY — Eleven 2nd Infantry Division Soldiers kicked their way through the Tae Kwon Do Championships Saturday at Camp Casey's Hanson Field

The tournament was broken down into weight class and belt-level competitions.

Heavyweight black belt champion Patrick Soho, Troop B, 4th Squadron, 7th Cavalry Regiment, had the dubious task of facing two opponents during the day.

Soho said fatigue was the biggest obstacle for him, so he trained hard to build up to the event.

"To get ready for the competition, I did about 1,000 kicks a day," he said.

For Tejan Robinson, Battery D, 1st Battalion, 38th Field Artillery Regiment, competing in his first tae kwon do competition helped him learn what he needs to work

"They had coaches there helping us, telling us what we were doing right and wrong," he said.

In the end, Soho said, "Having fun is the most important thing."

- ■Match 1 Heavyweight Black Belt: Soho defeated James Simmons, Company E, 1st Battalion, 72nd Armor Regiment.
- Match 2 Yellow Belt: Brandon Christie, 6th Battalion, 37th Field Artillery Regiment, defeated Matthew Shoulin, Headquarters and Headquarters Company, 1st Heavy Brigade Combat Team.
- Match 3 Light-Heavyweight Black Belt: Kim Hyekang, Battery C, 1-38 FA, defeated Matthew Cooley, Headquarters and Headquarters Troop, 4-7 Cav.
- Match 4 Red Belt: Tejan Robinson Battery D, 1-38th FA, defeated Christopher Barhecht, HHC, 1st HBCT.

- ■Match 5 Middleweight Black Belt: Jessie Jones, Troop B, 4-7 Cav., defeated Michael Williams, 65th Ordnance Company.
- ■Match 6 Heavyweight Black Belt: Soho defeated Jason Cornell, Battery B, 6-37th FA.

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Jason Cornell (left) blocks a kick from Patrick Soho Saturday during the black belt heavyweight championship at Hanson Field House.



Area I

Camp Humphreys player Isaac Cummings (center) runs the ball through a pack of Camp Casey ruggers while teammate Andrew Kivela (right) blocks to clear a path for him.

Rugby teams face off in Army tournament



Camp Casey player Darren Tower (right) tries to outstretch his Camp Humphreys opponent for the ball Saturday at the 8th U.S. Army Rugby Championship.

By Spc. Stephanie Pearson Area I Public Affairs

CAMP CASEY — Ruggers from across the peninsula converged on Schoonover Bowl Saturday for the 8th U.S. Army Rugby Championship.

The championship match pitted Camp Casey against Camp Humphreys for 80 minutes of hard-hitting, in-yourface action.

At the end of the first 40-minute half, Humphries was up three tries to one.

Camp Casey started the second half strong, scoring two tries, but Humphries retaliated with another two tries of their own.

Though both teams played well, Camp Humphreys took the title of 8th U.S. Army champions with a 5-3 win.

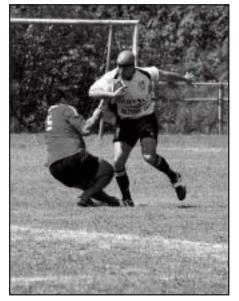
Camp Casey coach Ray Hernandez said he was proud of his team, even though they didn't win.

"It makes me proud that we got this far," he said. "We started out with nothing. When we started back in February, we only had six players. I think we've done exceptionally well."

There were no hard feelings between the rivals after the championship. After the match, players from Casey and Humphreys teamed up to form an all-Army team to play an exhibition match against the Seoul Survivors, a civilian rugby team.

Hernandez explained, "We're a family, whether we win, lose or draw."

E-mail pearsonsa@korea.army.mil



A Casey rugger gets tackled by a Humphreys player Saturday.



The teams square off as a Humphreys rugger prepares to drop the ball during a scrum Saturday. Players from each team will try to take control of the ball once it is dropped.



Seth Robson (right), one of the Camp Casey team's coaches, recovers the ball from a tackled teammate Saturday.



Two firefighters from the Yongsan Fire Department pull "contaminated" clothes off a patient during a hazardous material training exercise held Aug. 31 on Camp Coiner.



Nurse (2nd Lt.) Karyn Wylie takes care of a patient "contaminated"

Chemical exercise tests firefighters

By Sgt. Christopher Selmek Area II Public Affairs

YONGSAN — An emergency scenario involving chemical weapons tested the joint efforts of the Area II Fire and Emergency Services Division, 121st General Hospital and the 94th Military Police Battalion Aug. 31, as the three organizations teamed up for an unprecedented joint exercise at the Camp Coiner baseball field.

The firefighters were the first to arrive on the scene. They found two injured and contaminated civilians laying on the ground in the vicinity of a tipped-over barrel containing an unknown chemical agent, presumably Lewisite or VX (nerve) gas, according to Andrew Cheyne, training officer from the Yongsan fire department. The entry team used a detector to pinpoint the exact type of chemical.

"We should be able to reach anywhere on base within five minutes," said Cheyne, though reaction time did not factor into this scenario. "Something like this might not be very likely to happen, but everyone has to get 'hazardous materials' certified."

According to Cheyne, the first priority in any situation is to take care of any victims.

"Our goal is to get him out of the hot zone and then

completely decontaminate him. After the initial decontamination, the hospital will take them and provide the necessary care."

Because this was only a simulation, the firefighters stripped the victims only to their undergarments and cleaned them off with a compatible decontamination solution. An actual casualty evacuation would require having the victim completely nude and possibly setting up a tent for privacy and to speed the treatment process.

While this is going on, the MPs blocked off the roads and evacuated everything within 100 meters of the drum. An ambulance from the hospital was set up outside the emergency cordon, with a team of doctors to look over and administer medical care to the survivors after they were decontaminated.

"Here they do minor treatment, mostly looking for burns and respiratory difficulty," said Staff Sgt. Gregory Williams, Nuclear, Biological and Chemical noncommissioned officer for 121st General Hospital. "We transport them to the hospital where they will find another decontamination area waiting for them so we don't contaminate the whole hospital. After that, they are admitted as regular patients and taken care of."

The real work begins only after the casualties are safely

removed, when the firefighters must put on full protective gear and figure out how to detect and neutralize the threat of chemicals. Two-man teams alternate going into the hot zone, while medical personnel stand by on alert for any sign of chemical poisoning.

"That's very stressful, what they're doing," said Fire Chief Alex Temporado. "They have to carry around 50 pounds of equipment and have only a limited supply of air. Plus, they're out in the hot sun, which is why it is important to establish a rehabilitation area to help bring the firefighters' cardiopulmonary vitals back to normal."

Meanwhile, a still slightly bloodied figure lies on a nearby cot awaiting further medical treatment before being transported to the hospital.

"It's meant to be stressful and look like chaos, because that's what would really happen in an emergency," said Fire Inspector Lee Tok-kyo, the first victim of the unidentified chemical. "The important thing is, having seen the emergency responders perform in a realistic scenario, while helping them learn. I feel confident they would handle a real disaster just as well."

E-mail Christopher.M.Selmek@us.army.mil



By Sgt. Christopher Selmek Area II Public Affairs YONGSAN — With as much enthusiasm as their tiny bodies could manage, kindergartners rushed into

Kindergartners excited

about first day at school

Seoul American Elementary School Sept. 7 for their first day of school.

This year's class was lauded by three kindergarten teachers as one of the best starts in years, due to both the children's eagerness to begin school and the parents' willingness to allow their children to begin the inevitable climb to adulthood.

"The kids were actually really well-

behaved today," said kindergarten teacher Vicki Feil. "They were all bright and happy and there were no 'boohooers' in here."

Much of the reason for this has been attributed to the home visit program, which allowed teachers to visit students' homes several weeks prior to the first day of school.

"This year we've probably had fewer tears on the first day and a lot of that is because of the home visit program," said

See **Kindergarten**, Page 11

Seven-year-old Anna Kleen playfully sorts through plastic food in the kindergarten classroom.

Issues, suggestions wanted to improve community

Area II Public Affairs

YONGSAN — Addressing community or even Army-wide issues may be as simple as slipping paper into a box, thanks to an Area II Army Community Service initiative.

"Issue boxes" have been placed at 15 Yongsan locations to solicit issues that will be discussed at Area II Army Family Action Plan, or AFAP, conferences in October. Teens will hold their AFAP conference Oct. 14. An AFAP conference for the rest of the community is slated for Oct. 24-25. Both conferences will be held at the South Post Chapel.

Deadline for submission of issues or suggestions is Sept. 30.

The AFAP program provides Soldiers, retirees, DA civilians and family members - including surviving spouses - a way to identify issues of concern that impact the well-being of Army members.

More than 16 tenant units and organizations, including schools, have been asked to provide delegates for the conferences.

According to Area II Army Family Action Plan Coordinator James L. Greene, delegates at the 1-1/2 day conference Oct. 24-25 will review all issues and suggestions submitted.

"Delegates in four work groups will look at each and every issue," said Greene.

Work groups organized into four functional areas – force support and entitlements; employment, medical and youth education; consumer services and family support; and housing and relocation – will consist of a representative group of Soldiers, civilian employees and family members, as well as subject matter experts capable of discussing the feasibility of the work group's recommendations. Each work group also has a recorder and observers who validate the flow of information.

Since all delegates wear civilian clothes, rank comes off during the discussions, said Greene, adding that no issue will be thrown out.

"Each issue will be presented exactly as it is written by the submitter and evaluated by a work group," he said

The AFAP process has been described as a "grass roots" process that determines actions necessary to resolve issues and assigns responsibility for those actions to the proper Army staff agency: installations, major Army command and Department of the Army.

"All issues that can be resolved at our installation level, will be if it is feasible to do so," said Area II Director of Family Services Brenda McCall. "The top three issues from each work group are presented to the Area II commander."

All of the issues and their dispositions are entered into "issue books" kept by the Installation Management Agency–Korea Region Office and higher headquarters.

McCall said an issue raised last year resulted in a dedicated building for a teen center. The teens – who had only a room at the middle school for extracurricular activities – wanted a bigger and better place to socialize and to have fun.

As a result, a building was identified and a new teen center opened in January, complete with a dance machine, computer lab, comfortable TV viewing area, games and other supervised entertainment.

Lack of ramp access for wheelchairs to Hannam Village was another issue from last year's AFAP conference that was quickly and locally resolved. A ramp was built in May.

Greene said issues that can't be easily resolved locally by area action officers are sent to "the big boys" at U.S. Forces Korea or even Department of the Army.

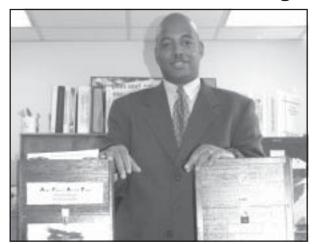
"We can't change policy at our level," said Greene, "so the tough issues are sent up the chain."

He cited spouse employment preference as being a result of the Army Family Action Plan process.

The authorization for Soldiers to wear backpacks is considered another AFAP success that required a change in Army uniform regulations not possible at installation level.

McCall said the process considers issues from a practical point-of-view.

"What's the problem, why is it a problem and what is the recommendation," said McCall. "Those three



STEVE DAV

Army Family Action Plan Coordinator James L. Greene shows off "Issue Boxes" at Yongsan. Deadline to submit issues for the 2005 AFAP Conference is Sept. 30.

questions drive the entire process."

She said that process begins with someone letting their issue be known.

For information about issue boxes of the Army Family Action Plan, call Greene at 738-3617 or e-mail james.l.greene@korea.army.mil

Issue Box locations

- 1. Post Exchange (Main Entrance)
- 2. Commissary (Main Entrance)
- 3. Child and Youth Services (Entrance Doorway)
- 4. Child Development Center (Front Desk)
- 5. Cp Coiner mini-mall (By Newspaper Stand)
- 6. Area II Support Activity headquarters (Lobby)
- 7. Housing Office (Front Door)
- 8. Education Center (2nd Floor Sign-In Desk)
- 9. CPAC (Job Search Lab)
- 10. Seoul American High School (Main Office)
- 11. Teen Center (Next to Dance Machine)
- 12. Youth Services Gymnasium (By Check-Out Desk)
- 13. Hannam Village ACS (Front Desk)
- 14. Hannam Village Commissary (Main Entrance)
- 15. 121 General Hospital (Patient Waiting Lounge)

Anti-terrorism exercise, crosswalk volunteers top community meeting issues

By Steve Davis

Area II Public Affairs

YONGSAN — A December antiterrorism exercise and solicitation for school crosswalk volunteers topped the list of issues at the Area II Information Meeting Aug. 30.

The monthly Area II Information Meeting offers community members an opportunity to meet with the Area II command group and staff or facility directors to discuss events or issues of common interest. It is held at the Community Service Building.

Area II Commander Col. Ron Stephens announced that "Adaptive Focus 05-11" is currently scheduled for Dec. 4-9 to test Yongsan Garrison's anti-terrorism defense and emergency response procedures.

Stephens said the installation defense posture will be heightened during parts of the exercise and simulated attacks by "terrorists" played by U.S. special operations personnel would occur to elicit responses by installation officials.

"We don't control what happens; we'll be reacting," said Stephens.

"Gates could be closed. Roads could be blocked and, depending upon the force protection level, some people may not be able to get on base."

Similar anti-terrorism exercises at other U.S. military bases have included mass casualty scenarios which test emergency response procedures.

Stephens said housing areas and schools will be off-limits during the exercise, but there could be simulated attacks on the base water supply and facilities.

A comprehensive information campaign will soon begin to spread the word about the exercise, the Area II commander said.

"It's important that we get the word out, so please start informing people you know," said Stephens. "We don't want people to be alarmed when the exercise begins."

Stephens also addressed the need for volunteer school crosswalk guards.

A pool of 50-60 volunteers is needed for 29 crosswalk points. Shift times are 7:15 - 8:05 a.m., noon - 1 p.m., and 2 - 3 p.m.

"Gates could be closed. Roads could Monday through Friday starting traffic control points and for be blocked and depending upon the Oct 1 community members to wear proper

"We are trying for a pool of volunteers so we will have enough scheduling flexibility," said Brenda McCall, chief of the Area II Family Support Division. "We can custom-make schedules to fit the amount of time each volunteer may wish to work. Some may want only mornings or afternoons on certain days; others may want lunch time."

Prospective volunteers should call the Army Community Service at 738-7505. Formal crosswalk guard training will be conducted 8 a.m.-noon Sept. 26 at the Community Service Building, Bldg. 4106.

Among other events and issues discussed at the Commander's Information Meeting were:

- The Area II Newcomer's Orientation has been changed to Sept. 12-14 due to the Korean Chuseok holiday.
- Hannam Village will hold a Sept. 24 festival.
- The Provost Marshal's Office urged drivers to obey school zone speed limits and military police at

traffic control points and for community members to wear proper reflective safety vests when jogging or riding motorcycles, bicycles and other non-motorized vehicles, including skateboards and rollerblades.

- The deadline for non-command sponsored families to enroll in TRICARE Prime is Sept. 30.
- To avoid being among the 10 percent of scheduled appointments "no-shows" at the 121st General Hospital, community members should call the hospital to cancel their appointments.
- The American Red Cross is soliciting donations for Hurricane Katrina victims. Call 738-3670.
- The Directorate of Public Works is presently responding to only priority one work requests.

Minutes of the Area II Commander's Information Meeting which contain other events and issues will be posted soon on the Area II Web page at http:// ima.korea.army.mil/area2

E-mail DavisST@korea.army.mil

Sept. 16, 2005

Kindergarten

SAES Principal, Don Christensen. "It not only gives children a chance to meet their teachers, but it also gives the teachers a chance to meet the kids and learn their likes and dislikes. It gets an important two-way communication

going and it gives parents a chance to get involved as well." "We did home visits so the kids were all used to me. There were no tears

today," said kindergarten teacher Reisha Lofton. "They're all young, so it's going to be hard getting them into the routine of school, but they seem like good kids and I look forward to a good year."

According to Lofton, the most important part of the first several weeks of school is establishing a regular

Caitlin and Jacob Anderson play gleefuly in a toy kitchen while brother Thomas explores the surroundings of the Seoul American Elementary School kindergarten Sept. 7.

from Page 9

Area II

EACILITY

"On the first day we did a lot of movement activities to get them used to the routine and we played a name game to help them learn each other's names," she said. "Routine is the most important thing in the first few weeks. I always love it when October rolls around, because by that time their used to being in school and it's not quite so hectic."

routine that the kids can fit into.

Children reacted differently to the introduction of a new routine, but there were many who were already waiting for it.

"He was waiting anxiously to go to school because he saw his older sister doing it every day," said Kim Mik-yong, speaking of her son. "He

> was used to the idea and very excited experience everything. This morning I asked him if he wanted me to drive him to school, and he said he wanted to take the bus."

> And then there were others that took comfort in the things that seemed familiar.

> "I like stories," said 5year-old Caitlin Anderson. "My teacher likes reading

> christopher.m.selmeck@korea.army.mil

Chuseok Holiday Weekend Schedule

l	FACILITY	Saturday	Sunday	Monday
	Yongsan Main Exch.	Open	Open (12 - 6 p.m.)	Open
ı	Yongsan Library	Open (10 a.m 7 p.m.)	Closed	Open (10 a.m 7 p.m.)
ı	Dragon Hill PX	Open (Closed 9 p.m.)	Open (11 a.m 6 p.m.)	Open (7 a.m.)
ı	Colbern CAC	Open (11 a.m 10 p.m.)	Open (11 a.m 10 p.m.)	Open (1 - 10 p.m.)
ı	Moyer CSC	Open (6:30 a.m 11 p.m.)	Open (6:30 a.m 11 p.m.)	Open (6:30 a.m 11 p.m.)
l	K-16 CAC	Open (11 a.m 10 p.m.)	Open (11 a.m 10 p.m.)	Open (11 a.m 10 p.m.)
ı	Auto Crafts Shop	Open (9 a.m 6 p.m.)	Open (9 a.m 6 p.m.)	Open (9 a.m 6 p.m.)
l	Central Ticketing Office	Open	Open	Closed (emergency services onl
ı	American Eatery Food Court	Open	Open	Open
ı	DHL Pizza Hut & Subway	Open	Open	Open
ı	Four Seasons	Open	Open(12 - 6 p.m.)	Open
l	M/P Shoppette	Open	Open(12 - 8 p.m.)	Open
ı	Concessionaires	Open	Closed	Open
ı	AAFMCSS	Open	Closed	Open
l	CP Coiner Mini-Mall	Open	Closed	Open
ı	CP Market PX	Open	Closed	Open
l	K-16 PX	Open	Closed	Open
l	Furniture Mart	Open	Closed	Open
l	S/P Video Rental	Open	Closed	Open
l	S/P Shoppette	Open	Closed	Open
l	Filling Station	Open	Closed	Open
ı	Gallery	Open (10 a.m 3 p.m.)	Closed	Open
l	CP Coiner A/Eatery	Open	Closed	Open
l	CP Market A/Eatery	Open	Closed	Open
ı	Moyer Special T'S	Open	Closed	Open
l	K-16 Snack Bar	Open	Closed	Open
l	CP Colbern Snack Bar	Open	Closed	Open
l	S/P Charley's Steakery	Open	Closed	Open
ı	Yongsan Burger King	Open	Closed	Open (10 a.m 10 p.m.)
l	Yongsan Popeye's	Open	Closed	Open (10 a.m 10 p.m.)
l	Hannam Food Cluster	Open	Closed	Open
ı	Yongsan Lanes	Open (9 a.m 1:30 a.m.)	Closed	Open (11 a.m 10 p.m.)
l	Main Post Club	Open	Closed	Open
l	Mobile Unit	Closed	Closed	Open
ı	FEDE PX	Closed	Closed	Open
l	121 Hospital PX	Closed	Closed	Open
l	Car Care Center	Closed	Closed	Open
ı	School Cafeteria	Closed	Closed	Open
ı	CP Colbern PX	Open	Closed	Closed
l	Yongsan Commissary	Open	Closed	Closed
١	Hannam PX	Open	Open	Closed
١	Commiskey's Club	Open	Open	Closed
١	Yongsan SAS	Open	Open	Open (7 a.m 5:15 p.m.)
١	Yongsan CDC	Open	Open	Open (7 a.m 5:15 p.m.)

Following facilities Closed all weekend (Saturday thru Monday)

ongsan SSSC	South Post Arts & Crafts Shop	CP Market Club
CFC Coffee Shop	K-16 Arts & Crafts Shop	Quarter Master Laundry
I-4 Coffee Shop	Yong-In Club	HQ ARea II Coffee Shop
sweet & Treat, M/P	K-16 Club	FEDE A/Eatery
Arcade Dog House	East Gate Club	Sobinggo A/Eatery
21 Hospital Dog House	CP Colbern Club	Pet Care Center

NEWS & NOTES

2005 Soldier Show



"Operation America Cares," the U.S. Army 2005 Soldier Show featuring top Soldier-entertainers, will be held 7 p.m. Saturday and Sunday, at Collier Field House. The show - a blend of rhythm and blues, rock, country, gospel new age and patriotic music - will focus on how Soldiers deal with the stresses of war and long deployments. According to Director Victor Hurtado, the performance shows that "Soldiers are still humans and longing for the familiar and America's affection." He said the show focuses on "how we take 'home' to the deployed Soldiers."

National Family Day

National Family Day will be held in Area II Sept. 24-26 to provide parents and children an opportunity to share quality fun time. Activities include booths at the Sept. 24 Hannam Village Festival; family lunches Sept. 26 at the Child

Development Center; 50 percent discount Sept. 26 at the Family Fun Park; Bowl for \$1 a game at Yongsan Lanes 6-8 p.m. Sept. 29 with free shoes and refreshments; free family movies Sept. 24-26; and more. For information, call 738-6816.

Education Center

Education Centers throughout the peninsula will have limited counseling service and staffing from Sept. 26-30 due to a mandatory Annual Education Professional Development Training Workshop 2005. For information, call 723-4290.

Hispanic Heritage Month

The Hispanic Heritage Month Commemoration Ceremony will be held 11:30 a.m. – 1 p.m. Wednesday in the Naija Ballroom. Everyone is invited for free education and entertainment. For information, call Sgt. 1st Class Leslie Huff at 738-5950 or 5900.

Job Fair

An employment/volunteer job fair will be held at the Dragon Hill Lodge 9 a.m. – 3 p.m. Sept. 30. There will be lunch and a "dress for success" fashion show. Child care will be provided. Come see what the community has to offer. For information, call ACS Employment Readiness at 738-8977/7999.

NEO Volunteers Needed

DoD family members or non-essential civilian employees can volunteer to participate in a USFK-funded trip to Japan Oct. 28-30 as a part of the

On the Web

Visit the Area II home page at http://ima.korea.army.mil/area2 for these exclusive Web-only stories:

Spouses club welcomes new members: find out how the American Forces Spouses Club attracted new members and entertained them during their annual membership drive Sept. 1 at Dragon Hill Lodge.

Hannam Village Fall Festival: Look at "Area II Highlights at a Glance" to read about Korean traditional dancing, music, crafts, food making tasting and other events planned for the Hannam Village Fall Festival Sept. 24.

upcoming NEO exercise. Deadline for sign-up is Oct. 5. Contact your unit NEO warden or call 738-8563 or 5013 for information.

Columbus Day Parade

The Columbus Day parade will be 10 – 11 a.m. Oct. 8. It will begin at the Commissary Parking Lot and end at the Collier Field House. Prizes will be awarded for the best float categories. For information or to enter your organization's float, call Eric Yim at 722-4350 or 4345.

Fire Prevention Week

National Fire Prevention Week will be observed Oct. 9-15. This year's theme is "Use Candles with Care." Statistics show that candle fires are one of the few types of home fires that have risen considerably over the past decade. In addition, there will be multiple tests of fire alarms on Yongsan and Hannam Village throughout the week, and the Fire Department will have its open house including multiple types of training. For information, call 738-5200.

PWOC Bible study

- Protestant Women of the Chapel meets 9–11:15 a.m. every Wednesday for praise and worship, fellowship, and Bible study. Childcare and homeschool room is available. For information, call 795-4073.
- Evening Bible study meets 6-8 p.m. Thursdays and now offers childcare upon request. For information, call 736-3103.

Commander's Hotline

Area II residents who have questions or comments for the Area II commander can voice them by e-mailing areaitownhall@korea.army.mil or by calling 738-3484.

News and Notes Deadlines

Deadline for submission to New & Notes is Friday prior to the next week's publication. Announcements will be published on a first-come, first-served basis. Submit items for publication to christopher.m.selmek@us.army.mil. Each announcement should include who, what, when, where and a point-of-contact phone number. For information, call 753-7352.

Police.

from Page 1

teams know each others' capabilities because you never know if there will be a breach in the wire," said Master Sgt. Dennis Stockwell, SRT NCO in charge. "The fact that the two teams are so close to each other could mean we might have to help each other."

A crowd of military officials watched the ROKA Special Guard Team display their skills by rappelling from helicopters, searching buildings and fighting in hand-to-hand combat.

"It's awesome to work alongside our ROKA counterparts and compare abilities with the SGT," said Spc. Ryan Jones, an SRT member.

The joint demonstration was the latest example of the ongoing partnership between the two countries' military police.



PHOTOS BY SPC. VAN M. TRAN

A Republic of Korea Army Special Guard Team protects a person of high importance during a simulated attack.



Sgt. Patrick Appling, a member of the 94th Military Police Batatlion's K9 unit, acts as a target to help demonstrate the police dog's biting force.



A ROK Army Special Guard Team member rappels down a buliding to engage a suspect during a military police skills demonstration Sept. 7.



AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	The Devil's Rejects R	The Devil's Rejects R	The Cave PG-13	The Cave PG-13	Charlie and the Chocolate Factory PG	Bad News Bears PG-13	Bad News Bears PG-13
HENRY 765-7724	High Tension R	Bad News Bears PG-13	Valiant G	Charlie and the Chocolate Factory PG	No Show	No Show	No Show
HUMPHREYS 753-7716	The Cave PG-13	The Cave PG-13	The Cave PG-13	Bad News Bears PG-13	Bad News Bears PG-13	The Devil's Rejects R	The Devil's Rejects R
HIALEAH 763-3120	Valiant G	Fantastic Four PG-13	The Island PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	Charlie and the Chocolate Factory PG	The Cave PG-13	The Devil's Rejects R	The Devil's Rejects R	The Cave PG-13	Wedding Planners R	Wedding Planners R
KUNSAN 782-4987	Deuce Bigalow: European Gigolo R	Deuce Bigalow: European Gigolo R	Deuce Bigalow: European Gigolo R	No Show	No Show	No Show	The Devil's Rejects R



The Cave -- A rescue team is sent down into the world's largest cave system to try to find the spelunkers who first explored its depths. But when the group's escape route is cut off, they are hunted by the monstrous creatures that live down below.



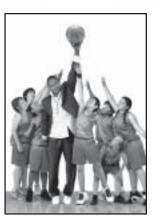
The Transporter 2
Retired in Miami, ex-Special
Forces operative, Frank,
makes a living driving for the
wealthy Billings family. He's a
huge favorite with their two
small boys, but when the kids
are kidnapped and injected
with a potentially fatal virus,
Frank defies the FBI and
works relentlessly to get the
boys to safety and discover
the kidnapper's master plan.



Bad News **Bears** Morris, a former pro baseball player, was ejected from the game for attacking an umpire and now works as an exterminator. More interested in boozing and broads than baseball, Morris is lured back into the game by Liz, an attorney whose class action suit has forced the Little League to accept all players, regardless of their abilities. As the new coach of the Bears, the most losing team in Little League history, Morris has his work cut out for him. Though he and his team clash initially, they have a transformative effect on one another that is wholly unexpected.



High Tension Two worlds collide disastrously a rusted delivery van barrels through cornfields; meanwhile, Alex has brought her friend Marie to spend the weekend at her parents' country farmhouse to escape the hectic pace of Paris. Behind the van's wheel, the driver caresses ripped photos of young women; at the same time the girls get ready for bed dishing girly gossip. At the end of the road lies an isolated house, caught in the van's headlights; as the girls close their eyes, an intruder is about to turn their innocent dreams into a relentless and bloody nightmare.



Rebound -- Robinson Coach Roy once was college basketball's mastermind. But lately his attentions have been on his next endorsements, not on his next game. What1s more, Roy's temper has run amuck, leading to his being banned from college ball until he can demonstrate compliance—in other words, not explode every time he walks onto the court. Roy waits and waits; for a suitable coaching offer, but he receives only one: the Mount Vernon Junior High School Smelters basketball squad.



The Devil's Rejects The unthinkable horror and chaos continues a few weeks after the events depicted in "House of 1000 Corpses," as the murderous Firefly family is forced on the lam after a bloody showdown at their home. With their story all over the news, the Firefly family continues their soulless killing spree, while Sheriff John hell-bent on avenging his brother's murder - looks to track them down for one last horrifying confrontation.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	The Honeymooners PG-13	Stealth PG-13	Mr. & Mrs. Smith PG-13	Stealth PG-13	No Show	No Show	No Show
05AN 784-4930	Transporter 2 PG-13	Transporter 2 PG-13	Transporter 2 PG-13	Bad News Bears PG-13	Bad News Bears PG-13	The Devil's Rejects R	The Devil's Rejects R
RED CLOUD 732-6620	The Cave PG-13	The Island PG-13	The Island PG-13	Bad News Bears PG-13	Bad News Bears PG-13	No Show	Transporter 2 PG-13
STANLEY 732-5565	Fantastic Four PG-13	The Devil's Rejects R	The Devil's Rejects R	Charlie and the Chocolate Factory PG	No Show	Transporter 2 PG-13	Bad News Bears PG-13
YONGSAN I 738-7389	Transporter 2 PG-13	Transporter 2 PG-13	Transporter 2 PG-13	The Devil's Rejects R	The Devil's Rejects R	Bad News Bears PG-13	Bad News Bears PG-13
YONGSAN II 735-7359	Transporter 2 PG-13	Rebound PG	Rebound PG	Batman Begins PG-13	Batman Begins PG-13	High Tension R	High Tension R
YONGSAN III 735-7359	Fantastic Four PG-13	War of the World PG-13	War of the World PG-13	Crash R	Crash R	Crash R	Crash R

God offers stability in ever-changing world

By Chaplain (Maj.) Jeffrey Giannola 2nd Multifunctional Aviation Brigade

n this world of change and instability, it is good to think Lupon our unchanging, eternal God. He is the source of stability, a foundation for us to build our lives upon.

One author in the Bible called our faith an "anchor of the soul." When the storms of life rage and it seems we will be broken apart, our anchor in God holds us fast.

God is unchanging in his character. He is the same God from age to age. It is a great comfort to know he was faithful and true to his children in the past, and so he will continue to be.

He will not change his mind and reject us somewhere down the road.

He will not be good, just and kind today, and evil, treacherous and vindictive tomorrow. When he promises something, he will make good his word. When he sets out to accomplish a work in our lives, he will complete it.

People change, sometimes for the better and sometimes for the worse. Friends let us down, and sometimes we let others down. But God will never change for the worse, and he cannot change for the better because he is already infinitely perfect.

Most of all, we can rest in his unchanging love for us. He loves us with a love far beyond anything we could imagine, and he will continue to love us; and this love motivates him to be involved in our world and our daily needs.

God is unchanging in his plan for the world. In our day, when it seems society is breaking apart and nations cannot get along, God will eventually bring his will to this earth. So many are filled with fear that mankind will eventually destroy himself and everything else. They see no reason to hope in the future ... no reason to believe there is a purpose to all this.

But God's eternal love will see us through our struggles, no matter how complex they may seem. There is a purpose to everything, and someday God will manifest to all what that is. World peace will be a reality when he rules. He will right our wrongs, solve our dilemmas and bring justice to a world that is steeped in injustice and

For those of us who believe in God, may this faith give us courage, strength and hope to face each new day with optimism and excitement.

May we allow this God to accomplish his will in our lives in this unstable world, knowing we will go to live with him eternally in a far more stable, enjoyable and perfect world to come.

Worship Services Area

Protestant

Collective 11 a.m. Suwon Air Base Camp Eagle 2 p.m. Collective 10:30 a.m. Zoeckler Chapel Collective 11 a.m. Freedom Chapel 11 a.m. Camp Long

Gospel Freedom Chapel Sunday 1 p.m. Contemporary Freedom Chapel 6 p.m. 7 p.m. Camp Long Korean

Catholic

Mass 11:45 a.m. Freedom Chapel Daily Sunday 9:30 a.m. Freedom Chapel Mass

Mass 3 p.m. Camp Long Mass 5:10 p.m. Camp Eagle Orthodox Freedom Chapel Saturday 6 p.m.

Area III Chaplains

Chaplain (Maj.) Raymond A. Robinson Jr. Raymond.robinsonjr@korea.army.mil

Chaplain (Capt.) Byong K. Min Justin.k.Min@korea.army.mil 721-3356



Chuseok: Korean Thanksgiving

By Pfc. Oh Dong-keun

ost countries and ethnic groups throughout the world traditionally celebrate the fall harvest with holidays, such as Thanksgiving Day in the United States, and Korea is no exception. Chuseok, along with the Lunar New Year, is one of Korea's most important holidays.

Koreans traditionally celebrate a plentiful harvest, pay respect to their ancestors and wish for another good year on Chuseok, which is Sept. 18 this year. The holiday falls on a different date each year because it is celebrated in accordance with the lunar calendar. Chuseok is the 15th day of lunar month of August, which may be the reason for the holiday's other name, Hangawi. "Han" meaning great or big, and "gawi" meaning middle or center.

The origin of Chuseok goes back to the times of the Shilla Dynasty (57 B.C. - A.D. 935) of the Three Kingdoms Era. According to the book "Samguk Sagi" or "The History of Three Kingdoms" by Kim Bu-sik, written in A.D. 1132, Chuseok originated during the ancient Shilla Dynasty, when a month-long weaving contest was held. For the contest, the king divided the capital city into teams and appointed princesses to lead them. The king announced the winner on the day of the eighth full moon and the losing team had to provide food, drink and entertainment at a party for the whole city.

The tradition gradually evolved into celebrating the annual fall harvest and remembering ancestors. By the 15th Century Joseon Dynasty, the holiday evolved to the format that is observed to this day.

Traditionally, families travel to the hometowns of their forbearers to celebrate Chuseok.

Since a majority of Koreans live in metropolitan areas, millions of vehicles pour onto the nation's highways during the holiday period leading to near gridlock throughout the peninsula.

Once travelers arrive at their ancestral homes, often after 12 hours of driving or more, the true celebration begins. The first item on the list of things to do is to visit the ancestors' graveyard to mow the grass and spruce up the site. This is referred to as beolcho. It should be done at least a day before the actual holiday. The night before the holiday, family members gather together to prepare special holiday food to bring to the grave for charye, an ancestral ritual service. Charye is conducted early on the morning of Chuseok, with everyone in the family dressed in their hanboks, the traditional Korean costume.

The most important aspect of the holiday, however, is to have the opportunity for everyone in the family to visit their ancestral homes and have a good time together. In modern Korean society where people are so busy dealing with day-to-day issues, the holiday provides them with a time to relax and to think about the importance of family.

For foreigners who would like to get a taste of what Chuseok is all about and enjoy the holiday "Korean style," the Korean Folk Village near Seoul offers various holiday activities Saturday-Wednesday, including special performances, traditional games and the opportunity to experience traditional lifestyles. For information regarding transportation, hours of operation and others, visit the Korean Folk Village Web site at www.koreanfolk.co.kr or call 031-286-2116.



Many Korean graves adom the hills on Camp Casey. The families who once owned the land are allowed special permission to visit the graves and perform ceremonies. On the Korean Chuseok holiday, it is customary to visit ancestor's graves to pay respect.



Warrior Division Boxing

Warrior Division Boxing Championships are set for Camp Casey's Hanson Field House, Friday. Weigh-ins and medical examinations will begin at 10 a.m., with matches starting at 6 p.m. The top three competitors in each weight category will advance to the Eighth U.S. Army championship.

Soldier Show in Area I

The 2005 U.S. Army Soldier Show, "Operation America Cares," is being performed in Warrior Country beginning Wednesday. The show, which features an Area I Soldier in Camp Red Cloud's Spc. Chris Ekstrom, will be at Camp Stanley's Fitness Center Wednesday, and Camp Casey's Carey Fitness Center Sept. 23-24. Each night's show begins at 7 p.m. A 3 p.m. matinee will be presented Sept. 24.

Golf Course Breakfast

The Camp Casey Golf Course Restaurant is serving breakfast from 6-9 a.m., Monday thru Friday. For information, call 730-4334.

Warrior Division Bowling Championship

The Warrior Division Bowling Championship will be at the Camp Casey Bowling Center Sept. 26 and 28. The competition is open to all qualifed bowlers from camps Casey and Red Cloud Garrison bowling centers. A pretournament meeting will be held at 12:30 p.m. Sept. 26. Competition begins at 1 p.m. each day. The top eight male and four female bowlers in the tournament will advance to the Eighth U.S. Army Bowling Championships.

Military Idol Semifinals

Qualifiers from Casey Garrison and CRC Garrison will compete to be the winner of Area I's Military Iodl Semifinals Sept. 30 at CRC's Mitchell's outdoor stage. Area I Military Idol Finals will be at Casey's Gateway Club Oct. 1, with the winner going on to the Army-wide competition.

Eighth Army Track & Field

The Eighth U.S. Army track and field competition will be at Camp Casey's Schoonover Bowl Sept. 24. Registration begins at 8:30 a.m. Competition begins at 10 a.m.

Red Cross Classes

Yongsan Red Cross will offer the following classes in September: Babysitter Training -- 9 a.m. to 5 p.m. Monday. Cost of class is \$25; Youth Volunteer Orientation -- 4:30 - 6 p.m. Sept. 24. Class is free of charge; First Aid/CPR -- 9 a.m. to 3 p.m., Sept. 29. Class fee is \$30. For infomation, call 738-3670.



PHOTOS BY MIKE MOONEY

The Great Wall of China snakes its way up the mountains. The world-famous wall is one of several attractions for tourists visiting the country.

Touring Asia with U.S. Airline Alliance

By Mike Mooney

Area III MWR Marketing

Yongsan's Dan Robledo figured he had two chances of visiting China in his lifetime – little and none.

"It's not something you even considered before," said Robledo, an information management officer with Area II in Yongsan. "But things change and American tourists being welcomed to China is one of them. What a great opportunity and a great trip."

Robledo, his wife Tonia, and daughter, Diana, were among a dozen U.S. Soldiers, airmen, family members and civilian employees from throughout Korea, who visited their local U.S. Airline Alliance office and experienced the "trip of a lifetime" in August.

U.S. Airline Alliance is the official U.S. government contractor that handles both official and leisure travel for Defense Department personnel in Korea. Their China Fantasy Tour is one of the many package tours they offer, with others to Thailand, Hong Kong, Japan, Chejudo and other locations in Asia.

"One of the advantages of living in Korea is the chance to visit other countries, such as China, at an affordable price," Robledo added. "You could never afford a trip like this from the States."

Capt. Tony Cerella, who made the trip with his wife Bethany, agreed.

"The four-day tour of Beijing was an amazing experience," he said, "and I would recommend the tour to both single and married Soldiers. During the tour we walked on the Great Wall, strolled through the Forbidden City and did some great bargain shopping.

"Overall, my wife and I had a great time in Beijing. The tour was worth every dollar we paid for it. It was a once-inlifetime experience."

The tour departed Incheon International Airport on a Friday morning and returned on Monday afternoon. Priced at \$679 per person, the tour package included round-trip transportation on Asiana Airlines, three nights in the four-star Holiday Inn Central Plaza, great meals and visits to some of China's greatest historical sights.

U.S. Airline Alliance works with Sharp Travel to offer the professional tour. Sharp is also used by other tour vendors in Korea, but the advantage of using Airline Alliance is that you can make all of the arrangements on post with English-speaking personnel. In addition, a percentage of the tour fee is returned to the installation Morale, Welfare and Recreation program under the government contract.

The tour fee includes a Group Visa for China – a visa that simplifies processing through Immigration and Customs.

After the group works its way through the two agencies (it took about 20 minutes total), it is met by an English-speaking guide – in the most recent case, a young man named Terry Lei. The group was escorted to its air-conditioned bus and whisked into Beijing and their first stop – lunch and the Temple of Heaven.

Though it might seem difficult to see much of the country in three days, the tour is designed to make the most of that time. In three days, visitors will see the Temple of Heaven, historic Tiananmen Square and the exciting Beijing Acrobatic Theater -- all on the first day. Days two and three will bring journeys to a jade factory, the Forbidden City, the BeiJing Opera, lots of shopping and, of course, the highlight of the trip – China's Great Wall.

Cerella has some advice for everyone

planning a visit: "read a little about the history of Beijing, get your Chinese money before heading into China and read the itinerary before you get to China. Above all, make the trip while you have the opportunity. You won't be sorry."

Tours are scheduled for Sept. 17-20, Oct. 7-10, Nov. 10-13 and Nov. 24-27. A high-season tour is also set for Dec. 23-26. There's a limit to the number of people who are accepted for each tour, and early reservations are recommended.

U.S. Airline Alliance offices are located at Camp Red Cloud (732-6777), Camp Casey (730-4446), Camp Humphreys (753-7725), Camp Carroll (765-8566), Yongsan (723-7834), Camp Henry (768-6724), Camp Hialeah (763-7570), Osan AB (784-3157), Kunsan AB (782-7653) and Dragon Hill Lodge (738-2222 ext. 6801).



Tourists visit the Temple of Heaven in Beijing

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Prime Power delivers

By Roger Edwards Area III Public Affairs

CAMP HUMPHREYS -- The members of 4th Detachment, Alpha Company, 249th Engineering Battalion, are ready to provide emergency power when and where it is needed. "We have the equipment to produce 4,160 volts from a 3.5-megawatt power plant right here on base," said Sgt. Scott Yeager, Power Station electrician.

With about 250 Soldiers assigned, 249th Eng. is one of the smallest units in the Army. But its people do a big job.

"Our regular duties include maintenance of our equipment and



Power Station Electrician Sgt. Scott Yeager takes readings from a power distribution panel at Zoeckler Station during the recent UFL exercise



AFN Cameraman Spc. Matthew Green, shoots the action as Staff Sqt. Aaron Norris, Prime Power supervisor, disconnects a power generation unit from linkage with others at Camp Carroll during UFL exercise.

power need assessments of various units and installations," said Yeager. "But we're always on call for any emergency need. There are lots of our guys down in New Orleans right now, helping out by getting the power on again. A lot of our peacetime mission has to do with supporting the Federal Emergency Management Agency. In the event of a disaster, you may not always see us, but we're always there.

"Our guys powered the New York Stock Exchange during the 9/11 recovery, so that world commerce could carry on. We also did assessments on how to best permanently fix the power problems there."

The 4th Det. is one of three forward delployed worldwide. "We also have forward deployed detachments in Hawaii and Germany," Yeager continued, "but the majority of our guys are assigned at Fort Lewis, Wash., and at Fort Bragg, N.C."

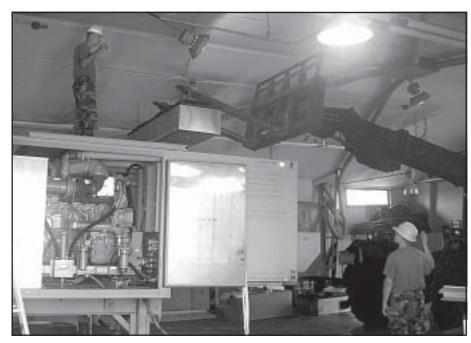
According to Yeager, the detachment is involved in a number of tasks here in Korea.

"Our people go out to assess power needs at other installations throughout the country. We provide project management input on new construction projects and ensure contractors are providing up to standard service," he said.

The detachment owns four duel generator diesel-powered units on wheels. Each can be moved and used independently. Or they can be linked together and used in tandem with one or more of the other units, supplying power tailored to what is needed at the time.



Staff Sqt. Aaron Norris, Prime Power supervisor, explains the control board of a Deployable Power Generation and Distribution System unit to AFN Cameraman Spc. Matthew Green, as they prepare to shoot footage on Prime Power for an AFN news broadcast during exercise UFL.



Power Station Electricians Sgt. Scott Yeager (top) and Sgt. Mark Razonski work to replace a broken muffler on one of four Deployable Power Generation and Distribution System units before it is deployed for exercise UFL. The four DPGDS units at Camp Humphreys can be linked to provide a 3.5-megawatt power plant.

Humphreys holds KSC memorial for Yi Ung-su



Area III and Camp Humphreys Command Sgt. Maj. Robert Frace presents an American flag that has flown over Camp Humphreys, to Yi Ung-su's widow Chang Chom-nam, following Friday's memorial service for her husband. The flag is in honor of his service with America in combat in Vietnam. Col. Michael Taliento, Area III and Camp Humphreys commander, participates in the presentation while Chaplain Assistant, Sgt. Lee Han-ui (left) translates.

By Peter Yu and Roger Edwards Area III Public Affairs

CAMP HUMPHREYS – Soldiers, civilians and family members filled Freedom Chapel here almost to capacity Sept. 9, for a memorial service for Yi Ung-su who died at his job on Aug. 26.

Maj. Raymond Robinson, Area III chaplain, presided over the ceremony. Those attending were welcomed by remarks from Col. Michael Taliento, installation and Area III commander. Maj. Chris Fland, Korean Service Corps Battalion executive officer, spoke of Yi and his years of service to both his nation and to American Soldiers.

"Yi was an unspoken leader," said Fland, "who people looked to for advice and encouragement. He has left a legacy behind; a wife, children, friends and coworkers who respected him, and a history of hard work and long service. "He will be missed."

Yi, who would have celebrated his 63rd birthday Sept. 15, was born in Hongsong-kun, Chungnam Province. As a young man he was a combat Soldier and participated in the Vietnam conflict between 1965 and 1966. An exemplary worker, Yi provided excellent support for Republic of Korea and United States military operations and exercises as a member of the Korean Service Corps for almost 39 years.

Until his death, Yi faithfully carried out his duties during war and peace, and contributed to the development of the ROK and U.S. coalition.

He is survived by his wife Chang Chom-nam; a daughter Yi Chong-suk; and his son-in-law, Yu Song-kon. They live in Gaeksa-ri, Pyeongtaek City.

NEWS & NOTES

Help Wanted

Applications are being accepted for full and part time Child Care Givers at the new Camp Humphreys Child Development Center. Applicants must be 18 or older, able to lift 40 pounds, able to read and write English, a U.S. citizen, available between 5:30 a.m. and 6:30 p.m. and able to pass a background check required for working with children. Forms are available at the Civilian Personnel Office. Call 753-8773 for information.

The Painted Door Thrift Store

The Painted Door Thrift Store is open Wednesday and Friday, 10 a.m. to 2 p.m., and on the first Saturday of the month.

The Painted Door is expanding to become a "Thrift and Gift Store." Crafters are needed to help stock the new gift shop operation. Consignments are being accepted Fridays, and donations are always welcome. Volunteers are needed to work at the Painted Door. Please come out and support your community. If you have questions contact the United Club at unitedclubarea3@yahoo.com.

New CPX Gate Traffic Pattern

Drivers can expect delays at the CPX gate through Oct. 6. asphalt is now being removed from the CPX commercial parking area, which will be repaved and cured. During this process visitor and commercial traffic will be directed to the wash rack across the street for processing and inspection.

Area III Catholic Mass

There will be no Catholic Mass at Camp Humphreys Sept. 25. Buses going to the Mirinae Shrine for Mass and a picnic will depart from Freedom Chapel at 9:30 a.m. Sunday, and will return at about 3:30 p.m. For information, call 753-7276.

BOSS BALL

If you're looking for a great dinner, a relaxing and entertaining evening at a reasonable cost, grab a friend or two -- or your spouse -- and support Better Opportunities for Single Soldiers at Saturday's BOSS Ball. It's open to any ID cardholders in the Area III community. Tickets are available at the door and cost \$10 each. The price includes a great Steak dinner. Tickets can be purchased by going to any CAC in Area III. The Ball starts at 7 p.m. Dress is casual informal. For information, call 031-651-8425 or 016-897-4616.





Corporate members of the Association of the United States Army and representatives of the Korea Special Tourist Association, K-6 Merchants Association, Paengsung Realtors Association and the Anjong-ri Clubs and Bars Association (above), present Susan Carter, American Red Cross station manager for Camp Humphreys, with \$14,500 Friday. The money is to be used by the Red Cross for Katrina relief work in Mississippi, Alabama and Louisiana. In addition, another \$3,500 was presented by a Camp Humphreys unit and three fraternity and sorority groups (picture at left). Staff Sgt. Linda Rollocks, 602nd ASB, of the Betty L. Simons Chapter #166 of the Order of the Eastern Star (left) and Staff Sgt. Gerardo Sanchez, 52nd GSAB, of the Bee Hive Mason Military Lodge #66 (right) present Carter with \$1,500 in checks. The Harry S. Truman Lodge and the 3/6 Cav. Air Defense Artillery Regt. (not pictured) each presented \$1,000.

Local donors give \$20,422 to Katrina relief

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – Help is being sent to Katrina victims from all corners of the world. That includes our corner, Camp Humphreys and Anjong-ri, South Korea.

Susan Carter, Camp Humphreys' manager for the American Red Cross, was presented with \$16,000 Sept. 9, to help finance ongoing relief efforts in Louisiana, Mississippi and Alabama. The funds came from the Pyeongtaek Corporate sponsors of the Association of the United States Army (\$6,000), the Pyeongtaek Chapter of the Korea

Special Tourist Association (\$4,000), the Paengsung Realtors Association (\$2,500); the K-6 Merchants Association (\$1,000), and the Anjongri Clubs and Bars Association (\$1,000). The Chonan Corporate AUSA sponsors presented \$2,422 Monday. In addition, the Bee Hive Fraternal Order of Masons, Military Lodge #66, presented a check for \$1,000; the Betty L. Simons Sorority, Chapter #166, Order of the Eastern Star, gave \$500; the Harry S. Truman Lodge gave \$1,000 as did the 3/6 Cav Air Defense Artillery Regt. during the week, bringing the total to \$20,422.

"We've also had a number of donations from individuals," said Carter.

"The money will give a lot of people a lot of help. If anyone else wants to help the people caught in Katrina's aftermath, the best way is through the Red Cross webpage at www.RedCross.org."

If people have trouble reaching the webpage, Carter said they should be persistent. There is a lot of traffic being handled right.

"If you keep trying though, you will get through and the money given will go to disaster relief," she said.



Howdy Neighbor

Spc. David Hudson of the 501st Signal Company was one of several Soldiers to visit Lovely House Eden Orphanage Saturday, Sept. 10. The orphanage is on the outskirts of Asan City in Chungnam Province. "Hove spending time with the kids," he said. "My mother teaches elementary school special education children and I've been around kids like these my whole life. I like coming out and seeing them having fun and smilling." Hudson and his fellow Soldiers have adopted the orphanage as a unit project and visit at least once a month.

The Morning Calm Weekly Area III Keglers vie to represent Area III at 8th Army tourney

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – The 18 men and women who showed up Saturday at the Strike Zone Bowling Center to participate in the 8th U.S. Army Bowling Tournament normally



Yi Tok-su issues instructions to the 18 Keglers in Saturday's bowling tournament at the Strike

do not play "off the wall." They are final instructions to the bowlers and let too involved in the sport not to have their own equipment.

Saturday's tournament was held to select those bowlers who will represent Camp Humphreys at the 8th Army final in Seoul Oct. 4-7.

Before the scheduled start of tournament play each kegler's bowling balls were checked by Yi Toksu, Strike Zone manager, to ensure they met weight and balance requirements. Many of the players own two bowling balls.

"I've been bowling since I was eight years old," said Warrant Officer Dave Westby of 194th Maintenance Battalion. "It's just something I do. I think it's normal to have two bowling balls."

Westby maintains a 190 to 195 average.

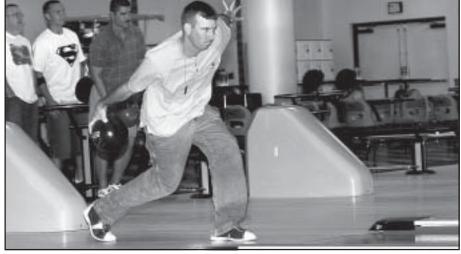
Following the ball check, Yi issued

the competition begin. At the end of play Paul Richardson, 607th CBCS, was named top male bowler for the competition and Cheryl Stratton took first place for the women.

Other representatives to the 8th Army Tournament are: Men's second place - Michael Robichaux, 249th MP; third place – Jamey Overton, 3rd MI; fourth place - Ryan Bickel, 3rd MI; and fifth place – Bernard Linhart, 532nd MI. Also representing Camp Humphreys at the tournament will be second place women's winner Alba Ochoa.



Warrant Officer Dave Westby, 194th Maintenance Battalion, watches as Yi Tok-su, Strike Zone Bowling Alley manager, weighs one of his two bowling balls and tests it for proper balance. Eighteen Keglers competed in Saturday's tourney.



Warrant Officer Dave Westby, 194th Maintenance Battalion, throws for a strike during Saturday's Strike Zone Bowling Tournament. The top five male and top two female Keglers won the privilege of representing Camp Humphreys in October's 8th U.S. Army Tourney.



Class Act

Park Jeong-jum, a teacher and advisor at Shin Han High School, introduces a class of language students to the Camp Humphreys Soldiers who will be teaching them English conversation for the next few hours Saturday. The Soldiers are all members of the 348th Quartermaster Battalion. They are (left to right) Pfc. Contessa Brunson, Spc. David Sergienko, Sgt. Regina Judson-Bunton and Pfc. Nattecha Simpson. The topic for discussion Saturday was America's Thanksgiving Day holiday and how it compares with Korean holidays such as Chuseok. "There are actually a lot of similarities," said Judson-Bunton. "People get together with family, prepare and eat those special meals, play games, talk and get to know each other again. I enjoyed teaching them and will go again if asked."



Sept. 16, 2005

19th TSC welcomes new top enlisted Soldier

By Sqt. Jimmy Norris

19th Theater Support Command Public Affairs

CAMP HENRY – Soldiers and civilians from throughout the 19th Theater Support Command gathered at Camp Henry to bid farewell to Command Sgt. Maj. Larry C. Taylor and to welcome the 19th TSC's new senior enlisted Soldier, Command Sgt. Maj. George D. Duncan, during a change of responsibility ceremony in front of 19th TSC Headquarters Sept. 9.

Taylor is going to Fort Monroe, Va., where he will assume duties as the post command sergeant major.

"Ladies and gentlemen, I thank you from the bottom of my heart for a great two years," Taylor said. "As I move on to my next challenge at Fort Monroe, Va., rest assured that I will always remember my time here with the 19th TSC."

During his opening remarks, the incoming command sergeant major said he was very proud to be in the 19th.

"To the Soldiers, civilians and KATUSAs who make up Team 19, I am proud to walk among you," Duncan said.

He also expressed gratitude for the warm reception he received upon his arrival in Korea.

"Since we arrived, my wife Jacqueline and I have been overwhelmed by the warm welcome from the members of Team 19. The Korean community has also reached out to make us feel at home," he said. "This is my first tour in Korea, and both Jacqueline and I are looking forward to seeing this beautiful country, and meeting, working and developing friendships with the Korean people."

Duncan, whose most recent assignment was at Fort Jackson, S.C., where he was the command sergeant major for the 1st Basic Combat Training Brigade, said he knows there are challenges ahead for Team 19.

"I know that I am arriving at a difficult time of transition, but together we will face that challenge and continue to strengthen the 19th TSC's reputation for world-class logistical support," he said.

Duncan is a native of Baltimore, Md. He enlisted



19th Theater Support Command Commanding General, Brig. Gen. Timothy P.McHale, passes the unit colors to incoming Command Sqt. Maj. George Duncan during a change of responsibility ceremony in front of 19th TSC Headquarters in Daegu Sept. 9.

in the Army and reported for active duty June 15, 1977 and attended Basic Combat Training at Ft. Dix, N.J., and then Advanced Individual Training at the Army Infantry School at Ft. Benning, Ga.

Duncan was initially assigned to the 1st Infantry division in Goeppingen, Germany, as an infantryman, team leader and section leader with Co. A, 1st Bn., 26th Infantry from 1977-1981. He attended Drill Sergeant School and served as a drill sergeant at Ft. Knox, Kv., from 1981 - 1984.

His assignments since then have taken him across the globe where he served as a platoon sergeant with the 3rd Infantry Division during Operation Desert Storm, operations sergeant for 2/5 Cavalry, 1st Cavalry Division and as first sergeant for Co. C, 2nd Bn., 7th Cavalry at Ft. Hood, Texas. He also served as the senior enlisted advisor for Joint Task Force Full-Accounting at Camp H.M. Smith, Hawaii. Duncan returned to the 1st Infantry Division June 2000 as the division operations sergeant major.

He was later assigned to Ft. Jackson, S.C., where he served as the battalion command sergeant major for 2nd Bn., 39th Infantry Regiment, and 1st Bn., 61st Infantry Regiment. He then served as command sergeant major of the 1st Basic Combat Training Brigade.

Duncan is a graduate of every intermediate and advanced level course of the Noncommissioned Officers Education System. He is a graduate of the United States Army Command Sergeant Major Course and has an associate's degree in industrial maintenance technology from Indiana Technical College. He also holds a commercial pilot license.

Duncan's awards and decorations include the Bronze Star Medal, Defense Meritorious Service Medal, Army Meritorious Service Medal (4), Army Commendation Medal (4), Army Achievement Medal (5), the Kuwaiti Liberation Medal, Southwest Asia Service Medal, National Defense Service Medal, the Army Service Medal, Combat Infantryman Badge, Expert Infantryman Badge, French Commando Badge, Drill Sergeant Badge, and a Valorous Unit award.

He and his wife have three children, Melanie, 22, and a member of the Air Force, Christina, 19, and a member of the Army assigned to Germany, and Stuart, 19, also in the Army assigned to Fort Jackson.

Hot Timbales

Sqt. Major Joseph Kalsic, 19th Theater Support Command senior chaplain assistant, shows off his salsa savvy with an unidentified dance partner as Tito Puente Jr. jams on the timbales during Puente's concert at Kelly Fitness Center Sept. 7. Puente Jr. brought the crowd to its feet with his rendition of "Oye Como Va" a classic written by his father, Tito Puente Sr., and popularized by Santana in 1970. Puente Sr. is credited with inventing the salsa music genre.



NEWS & NOTES

POW/MIA Day

The Hill 303 Memorial, VFW Post 10033 of Daegu will hold its annual POW/MIA Recognition Day Ceremony 6 p.m. today at the Evergreen Community Club. The public is invited to attend. For information, contact Ken Swierzewski at 768-8215.

Carroll Closures:

The Camp Carroll Drivers Testing Station will be closed Monday for Chuseok. For information, call Paek Kyong-hum at 765-8385 or Ku Sungon at 765-8117.

The Camp Carroll Fuel Point will be closed Monday for Chuseok. The closure will not affect military vehicles with fuel keys if drivers contact the staff duty NCO at 765-7145. If staff duty is not available, contact the TMP Dispatch Office at 765-8552. For information, call Staff Sgt. Willie B. Harden at 765-8551.

NEO Class

A Noncombatant Evacuation Operations Preparedness Class will be held 11:30 a.m. – 1 p.m. Monday At Army Community Service, Building 1103, on Camp Henry. The class will include a NEO briefing, information on how to prepare a NEO kit, Sail Away/ Fly Away information and more. Registration deadline is today. For information, call Kiya Reed at 768-7610.

See You at the Pole

Students are invited to participate in "See You at the Pole" 7 a.m. Wednesday at Taegu American School. "See You at the Pole" is a student-led, student-initiated movement of prayer that revolves around students praying together on the third Wednesday of September, usually before classes at a school's flagpole. For information, call Julie Coy at 010-8695-4416.

Army Soldier Show

The 2005 Army Soldier Show will be held 7 p.m. Sept. 26 - 27 at the Kelley Field on Camp Walker. This year's theme is "Operation America Cares." The show is free. For information, call Mark N. Juliano at 765-8118.

Photography Contest

The KORO MWR 2005 Korea-wide Photo Contest for servicemembers, family members, retirees and DoD civilians is now under way. Entries will be accepted in five categories including people, military life, place, thing and experimental process. Formats include black and white print, color print and short film. Deadline for submissions is Sept. 30. Winning entries will be forwarded to the Dept. of the Army photo contest. For information, call Chong, Sam-yong at 764-4123.

Range Control Center

The Camp Carroll Range Control Center is now located at Building S-910 on Camp Carroll. For information, call Chong S. Perry at 765-7226 or 765-7267.



A volleyball player sets the ball as a large American flag looms in the background during a day of sports and other activities, all part of the Area IV Support Activity Organization Day.



Staff Sgt. Carlos Espada, supply sergeant, Directorate of Logistics, Camp Hialeah, drives through opposing players in a blur during the Area IV Support Activity Organization Day basketball competition.

Area IV Support Activity holds organization day

Gathering a first for Soldiers, employees from Daegu, Busan and Waegwan



Participants flail helplessly as they are overpowered by their opponents during the tug-of-war competition at the Area IV Support Activity Organization Day at Camp Walker's Kelly Field. The Sept. 9 event marks the unit's first organization day following its activation Oct. 16, 2003.



Robert J. Chartier, chief of the Area IV Support Activity Directorate of Public Works Environmental Division, plays Jok-ku.

Town hall meeting focuses on flow of information

By Galen Putnam

Area IV Support Activity Public Affairs

CAMPWALKER-A town hall meeting is just one way for a commander to put information out to the community – and receive feedback. With that in mind, keeping channels of communication open and information flowing between residents and leaders was one of the main topics at the Camp Walker town hall meeting Monday at the Chapel Activity Center.

Hosted by Col. Donald J. Hendrix, Area IV Support activity commander, about 100 residents, subject matter experts and senior leaders participated in the two-hour, 15-minute exchange.

Hendrix started the meeting by providing a general update covering a number of "hot-button" topics affecting the community, including housing upgrades at camps George and Walker, growth at Taegu American School, transformation and, of course, the budget.

"It gets complicated when you see some of the things going on in the community. There are a lot of moving pieces. And I want to make you aware of some of the things going on out there for situational awareness and to show you how some of those pieces fit together," Hendrix said. "First and foremost ... transformation. Everybody knows transformation is going on in our Army. It is a big deal. Transformation on the peninsula is in high gear ... and it is happening in your backyard."

One of the major Daegu transformation issues mentioned was the anticipated turnover of the Camp Walker Heliport (H-805) to the Korean government.

Hendrix also discussed well-being enhancements including fitness center and sports field upgrades; force protection and safety issues, including the threat posed by lost ID cards, and the Good Neighbor Program.

Hendrix was followed by Lt. Col. Gen Paek, Camp



Walker Dental Clinic officer-in-charge, who briefed the community on the clinic's renovation. The top-to-bottom project that started in December 2004, is expected to be completed in November. The clinic is expected to reopen in January.

Another topic Hendrix emphasized was providing information to the community.

Kevin Jackson, Area IV Support Activity public affairs officer, presented a briefing on the myriad sources of information available to the community.

"Among the many things we wanted to find out from the community was how you are getting your information. More importantly, we wanted to find out what your preferences are - how you prefer to receive information about the community," Jackson said. "The preferences were essentially 'The Morning Calm Weekly,' AFN television and also AFN radio. Those are important ways to share information with you but there are also a lot of other ways."

Jackson went on to point out the many methods used to provide information to the community including the monthly Morale, Welfare and Recreation Outlook magazine, the Commander's Access Channel, electronic bulletin boards and a multitude of others.

Stressing the importance of receiving feedback from the community, Greg Pieratt, chief of the Area IV Support Activity Plans, Analysis & Integration Office, discussed Interactive Customer Evaluation, which allows customers to rate products and services and to provide feedback to Area IV Support Activity leadership.

"Thanks for your support because we don't know how we are doing without your help," he said. "Just to give you an idea of what kind of help you've given us, at this time last year for all of Area IV we had 315 responses. This year we've got a 400-percent growth. In the last nine months, we are up to 1,335 responses."

The ICE Internet address is: http://ice.disa.mil.

Subject matter experts from Area IV Support Activity's many directorates and other community service providers such as AAFES and finance provided updates in their areas.

One of the noteworthy announcements came from Capt. Robert T. Hubbel, commander of Det. C., 176th Finance Battalion, who mentioned the community is expected to install two new ATMs, one at the Camp Walker Lodge and another at Camp George. He estimated the ATMs would be operational within the next 30 days.

The town hall wrapped up with a question and answer session that gave participants the opportunity to interact directly with and receive answers from the leaders responsible for the care and well-being of Daegu Enclave residents. Questions and queries included topics such as availability of children's shoes at the Main Exchange, the availability of orthodontic care at Camp Walker's temporary dental clinic, and others.

Daegu enclave town hall meetings are held at least quarterly with locations alternating between camps George, Henry and Walker.

Taegu American School kicks off fall sports schedule

Area IV Public Affairs

Sept. 21: Boys/Girls Volleyball (junior varsity girls, varsity girls, varsity boys), TAS gym vs. Taejon Christian International, 3:30 p.m.

Sept. 23: Boys/Girls Tennis, home vs. Seoul Foreign School, 3 p.m.

Sept. 23: Boys/Girls Volleyball (junior varsity girls, varsity girls, varsity boys), TAS gym vs. Seoul Foreign School, 3:30 p.m.

Sept. 24: Boys/Girls Tennis, home vs. Seoul American High School, 9 a.m.

Sept. 24: Boys/Girls Volleyball (junior varsity girls, varsity girls, varsity boys), TAS gym vs. Seoul American High School, 9 a.m.

Sept. 24: Boys/Girls Cross Country at Osan

Sept. 28: Boys/Girls Tennis, home vs. Pusan American School, 3 p.m.

Sept. 28: Boys/Girls Volleyball, home vs. Pusan American School (varsity boys and girls only)

Sept. 30: Boys/Girls Tennis at Osan

Sept. 30: Boys/Girls Volleyball at Osan

Oct. 1: Boys/Girls Tennis at Seoul International School

Oct. 1: Boys/Girls Volleyball at Seoul International School

Oct. 1: Football (home opener) vs. Osan, Kelly Field, 2 p.m.

Oct. 1: Cross-country meet at Camp Walker, 9 a.m.

Oct. 8: Football at Seoul American High School

Oct. 8: Cross-country, Tennis and Volleyball at Taejon Christian International School, 3 p.m.

Oct. 14: Tennis and Volleyball at Seoul Foreign

Oct. 15: Tennis and Volleyball at Seoul American High School

Oct. 15: Cross Country meet at Camp Walker, 9 Tennis Tournament at Guam

Oct. 19: Tennis and Volleyball, home vs. Taejon Christian International School, 3 p.m.

Oct. 21: Boys/Girls Tennis, home vs. International Christian School – Seoul, 3 p.m.

Oct. 22: HOMECOMING SPORTS

Cross Country meet at Camp Walker, 9 a.m.

■ Boys/Girls Tennis vs. Osan, 9 a.m.

■ Volleyball, (junior varsity girls, varsity girls, varsity boys) TAS gym,

Football, home vs. Seoul American High School, 2 p.m.

Oct. 28 – 29: KAIAC League Girls Volleyball Tournament at Kelly Fitness

Oct. 28 – 2 9: KAIAC League Boys Volleyball Tournament at Taejon Christian **International School**

Oct. 28 – 29: KAIAC League Girls Tennis Tournament at Seoul Foreign School

Oct. 28 – 29: KAIAC League Boys Tennis Tournament at ICS-Seoul

Oct. 29: Football at Osan

Nov. 5: Football playoff game at Camp Walker (depends on season record vs. Osan)

Nov. 7 - 10: Cross Country Far East Meet at Misawa, Japan

Nov. 7 – 10: Girls Far East Volleyball Tournament at Sasebo, Japan

Nov. 7 – 10: Boys/Girls Far East

For information on TAS sports schedules or for questions regarding TAS athletics, call Michelle Chandler, Taegu American School athletic director, at 768-9504.



Senior Joanne Youngblood, a first-year football player, will be handling kicking duties for the Taegu American School Warriors this season.

어린이들을 위한 거강한 식습과

이병 이양원 제 2지역 공보실

머지않아 미국의 초등학교에서는 콜라나 사이다, 주스를 파는 자동판 매기가 사라진다. 최근에 미국 음료 협회가 모든 초등학교 자판기에서 청 량음료와 가당음료를 빼고 대신 물과 100% 원액주스만 채우게 하는 권고안 을 발표했기 때문이다. 지난 80년 이 후 과체중 아동 2배, 과체중 청소년은 3배 늘어나는 등 비만실태가 심각해 지면서 나온 결론이다.

대표적인 인스턴트식품인 햄버거 도 유럽연합(EU) 보건국에서 준비중 '햄버거 광고 자율규제안'이 마 련되면 유럽에서는 광고조차 보기 힘 들어지는 등 선진국에서 가공식품이 나 인스턴트식품을 제도적으로 규제 하기 시작했다.

과자나 사탕, 라면, 아이스크림, 청 량음료 등의 가공식품이나 인스턴트 식품, 패스트푸드에 이르기까지 어 른. 아이 할 것 없이 자주 먹는 먹을 거리가 아이들의 건강에 어떤 영향을 미치는지 다시 한 번 생각해 보자.

3~4세의 두 아들을 둔 주부 이현숙 씨(34)는 요새 아이들과 한바탕 전쟁 을 치르는 중이다. 아이들이 좋아하 는 과자를 줄이는 일 때문이다. 아토 피 피부염으로 고생하는 둘째 아이를 보다 못해 '무슨 좋은 방법이 없을 까' 하고 고민하던 무렵, 서점에서 본 한 권의 책이 발단이 됐다. 과자회 사의 간부로 16년간 근무한 이가 자신 의 경험을 바탕으로 과자를 좋아하는 아이일수록 아토피 피부염 같은 알레 르기 질환, 주의력 결핍 과잉행동장 애 등 건강에 치명타를 입게 된다는 사실을 밝힌 책이었다.

아이들의 입맛을 사로잡은 이들 식 품 속에 대체 어떤 성분이 부작용을 일으키는 것일까. 문제가 된다고 보 고되고 있는 것들을 중심으로 하나하 나 알아본다.

나트륨 당분 특히 짭짤한 스낵류에 나트륨(소금) 함량이 많아 과자를 많 이 먹을수록 과잉이 되기 쉽다. 영국 식품표준청은 어린이가 섭취하는 소 금의 양을 6개월까지는 1일 1g 이하, 1세 이하는 1일 1g, 1~6세는 1일 3g, 7~10세는 1일 5g으로 줄이는 것을 권 장하고 있다.

그 이상의 나트륨을 장기간 섭취하 면 체내의 삼투압을 조절하기 위해 혈 액 내 수분량이 증가하면서 혈액의 부 피가 늘어나고, 이로 인해 고혈압이 생기면 뇌혈관질환, 심혈관질환의 위 험을 높인다. 비만인 아이는 더욱 주 의해야 한다.

단맛 역시 문제가 된다. 설탕과 물 엿, 슈거시럽, 당밀, 카라멜시럽 등 단 맛을 내는 당류는 단독으로 또는 두세 가지가 함께 사용되기도 한다. <과자. 내 아이를 해치는 달콤한 유혹>의 저 자 안병수씨는 책에서 "우리 몸의 혈 당관리 시스템을 교란시켜 저혈당증을 유발, 당뇨병으로 발전시키는 주범이 다. 저혈당 상태에서는 뇌에 포도당이 제대로 공급되지 못해 제 기능을 수행 하지 못한다"고 밝히고 있다.

영양 불균형 보통 과자를 먹고 나 면 당분이나 지방성분이 많아 칼로리 를 채워주기 때문에 밥을 먹고 싶은 생각이 달아난다. 그래서 세 끼 식사 를 소홀히 해 영양을 고르게 섭취하 기 어렵다.

하지만 이런 식품에는 우리 몸에 꼭 필요한 단백질이나 비타민, 미네랄 등 의 함량이 매우 낮다. 그래서 '텅빈 칼로리(Empty calorie) 섭취'라고표

포화지방산 과자를 하나 골라서 표 기된 제조성분을 보면 팜유나 코코넛 유, 쇼트닝 등의 지방성분이 표기된 것이 대부분이다. 이들 기름에 튀겨 제조, 가공한 것이라는 이야기다.

숙명여대 식품영양학과 성미경 교 "이런 기름은 옥수수기름이나 콩기름 등의 기름보다 포화지방산의 함량이 높아 동물성기름과 비슷하다" 며 "포화지방산의 함량이 높은 식품 을 장기간 섭취하면 심혈관질환의 발 생위험이 높아진다"고 설명했다.

아이스크림은 당류와 지방, 물을 주원료로 향료와 색소, 인공감미료 등 의 여러 첨가물이 들어가는 가공식품. 당류와 나쁜 지방이 서로 상승작용을 일으켜 콜레스테롤이 많아지고 대사 기능이 악화된다는 보고도 있다.

각종 첨가물 가공식품에는 첨가물 이 한두 가지가 아니라 많게는 수십 가지가 들어간다. 우선 보다 나은 맛 과 색을 쉽게 내기 위해 인공색소와 합성향료가 대부분의 식품에 들어가 있다. 어디 그뿐인가. 산화방지제, 팽 창제, 유화제 등의 수많은 첨가물이 사용된다. 이 중에는 성분에 따라 우 리나라에서는 허가된 성분이 다른 나 라에서는 금지되는 성분인 것도 있고 아직 검증이 안 된 유해성분조차 있 을 수 있다. 기분전환을 위해 버릇처 럼 씹는 껌 역시 아무런 문제가 없을 것 같지만 정제당 70%에 첨가물 30%로 만들어진다.

여러 연구결과에 따르면 식품첨가 물은 알레르기를 일으키거나 호르몬 수용체를 교란시키며 유전자, 세포를 공격해 문제가 된다. 요즘에는 화학 첨가물보다는 점차 천연첨가물을 쓴 다. 하지만 천연첨가물 역시 화학첨 가물과 비교했을 때 안전할 뿐 해롭 지 않다는 이야기는 아니다.

전문가들은 아이들의 식습관이 형 성되는 시기에 올바른 입맛을 들이는 게 가장 좋다고 조언한다. 성미경 교 수에 따르면 이유기를 지나서 어른과 같은 식사를 하기 시작할 때부터 너무 자극적인(짠맛, 단맛, 기름기) 식품 섭취를 줄이는 것이 중요하다고 한다.

보통 3세 이전에 미각이 형성되는 시기로, 이 기간에 분유보다는 모유, 시판 이유식보다는 만들어 먹이면서 이런 식품을 차단해주면 좋다. 평생 건강의 바탕을 만들어준다고 생각하 면 아이들의 식생활에 보다 엄격할 필 요가 있다.

This article is about "A healthy diet for kids."

Learn Korean Easily



Minsook Kwon

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Word of the week



ヿ;g, ⊥;o / ਰਂ; h, þ; yah, o;ng

hometown

The phrase of the week

"Are you going to your hometown for Chuseok?"

추석에 고향 가세요?

Choo-soek-eh go-hyahng gah-seh-yo?

for Chuseok

(your) hometown

Are you going to

Conversation of the week

bah-bbue-shee-geh-soe-yo.

추석에 바쁘시겠어요.

Choo-soek-eh

I guess you are busy on

Where are you going for

Chuseok.

네.

Yes.

Neh.

추석에 어디 가세요?

Choo-soek-eh

Chuseok?

oe-dee gah-seh-yo?

고향에 가요.

I am going to my hometown.

추석에 뭐 하세요?

Go-hyahng-eh gah-yo.

What do you do for Chuseok?

Choo-soek-eh mwoe hah-seh-yo?

차례 지내요. Chah-ryeh jee-neh-yo. We observe a worship service for our ancestors.

성묘 해요. SOENG-MYO heh-Yo. I visit my ancestor's grave. 요리 해요. yo-ree heh-yo. I cook.

Share this column with a Korean co-worker.